



Self Service Guide to Updating Benefit Plans

Guide to Updating Benefit Plans

Objectives

The purpose of this module is to teach employees how to update their own benefit plans once they have been Hired, Rehired, or had a recent Qualifying Life Event (i.e. Marriage, Birth, Divorce).

Before You Begin

You must have the following:

- ✓ PeopleSoft URL
- ✓ Self Service User ID and Password
- ✓ Added Dependent and Beneficiaries in PeopleSoft (if applicable)
- ✓ Your Qualifying Life Event has been documented in PeopleSoft by the HR Office

When to Use

- ✓ When reviewing or updating benefit plans:
 - Health plans [SECTION A](#)
 - Life plans [SECTION B](#)
 - FSA plans [SECTION C](#)
 - HSA plan [SECTION D](#)
 - 401k Savings plan [SECTION E](#)
 - Short Term Disability plan [SECTION F](#)
 - Long Term Disability plan [SECTION G](#)
 - Retirement and Pension plans [SECTION H](#)

Step 1: Enter the following URL link into the address bar of your internet browser.

<https://hrms.usmc-mccs.org>

Step 2: Log into Self Service by entering your User ID and Password.

Step 3: Select Submit.

MCCS Investing in **MARINES**
MARINE CORPS for **DUTY, HOME & SELF**

Welcome to your MCCS Human Resources Management System!

US Department of Defense Warning Statement

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG-authorized use only. By using this IS (which includes any device attached to this IS) you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
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- This IS includes security measures (e.g., authentication and access controls) to protect USG interests – not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

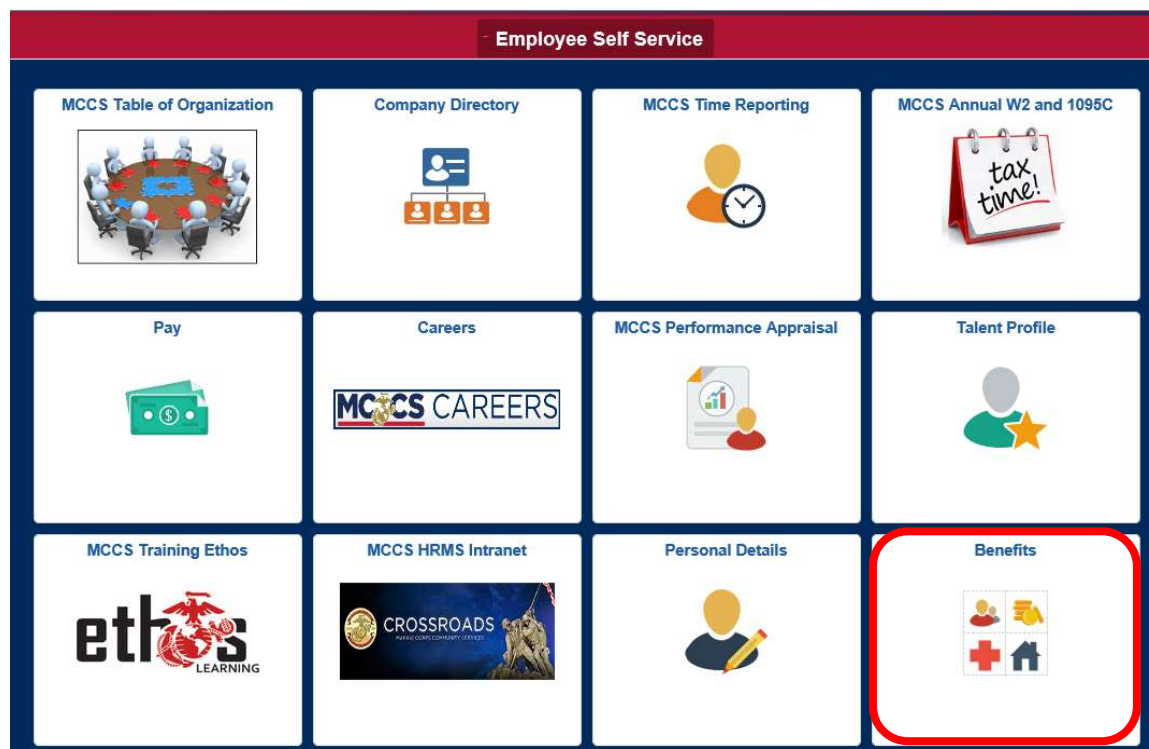
Enter Your User ID:

I agree to the terms of the [User Agreement](#):

Submit

18 U.S.C. § 1030 prohibits unauthorized or fraudulent access to government computer systems. If the credentials you entered are not your own, you are in violation of this law and should exit this system immediately. Completing this action may subject you to a fine of up to \$5,000 or double the value of anything obtained via this unauthorized access, plus up to five years imprisonment.

Step 4: Select the Benefits tile on the Employee Self Service Home Page.



Step 5: The Benefits Summary page is displayed. Select the Review/Update your Benefits tab.

MICKEY MOUSE
PREVENTION SPEC NF4

Benefits Summary

Dependents/Beneficiary Information

Review/Update your Benefits

Form 1095-C Consent

View Form 1095-C

Pension Estimates

Benefits Summary

Type of Benefit	Plan Description	Coverage or Participation	Pay Period Date	Employee Portion	Employer Portion	
Medical	Aetna US Health Care Tradtl	Family	08/19/2017	236.63	552.12	>
Dental	Aetna US Health Care Dental	Family	08/19/2017	13.76	32.08	>
Supplemental Life	Active Supplemental Life	Salary X 1 + \$2000	08/19/2017	3.51	N/A	>
Life and AD/D	Active Standard Life & AD/D	Salary X 1 + \$2000	08/19/2017	4.24	4.24	>
Pension Plan 1 - US	NAF Pension Plan Type 82	1% of Earnings	08/19/2017	21.25	169.97	
50 - Sick	Sick Plan	5%				
5W - Japan Vacation	Japan Vacation	5%				
Flex Spending Health - U.S.	Health Flexible Spending Acct	\$2,600 Pledge	08/19/2017	100.00		
Flex Spending Dependent Care	Dependent Care FSA	\$1,000 Pledge	08/19/2017	38.46		

Marine Corps NAF Benefits Home Page

DoD NAF Health Plans Page

Click here for Health Open Enrollment

Click here for FSA Open Enrollment

Step 6: To learn more about our employee benefits prior to enrolling, terminating, or making updates, select the NAF Employee Benefits Brochure button.

MINNIE MOUSE
FINANCIAL MGMT ANALYST NF3

NAF Employee Benefits Brochure

NAF Employee Benefits Online Tutorial (My Alex)

Benefits Summary

Dependents/Beneficiaries

Add Dependent or Beneficiary

	Name	Relationship	Date of Birth	National ID
1	Richie Rich	Friend	01/01/1995	552144211
2	Baby Mouse	Child	12/25/2019	444200211

SECTION A – Updating your Medical & Dental Health Benefits

NOTE: Enrollments, Terminations, and updates to Health Plans can only occur during one of the following circumstances: *(anytime outside of these circumstances, the Edit My Health Plans button will be greyed out and unavailable)*

- ✓ **Within 31 days of being Hired or Rehired**
- ✓ **Within 31 days of a Qualifying Life Event (Marriage, Divorce, Birth)**
- ✓ **During Annual Open Enrollment Season in November**

Step 1: To update the Medical and Dental Health plans within 31 days of being hired, rehired, or a recent qualifying life event, select the Edit My Health Plans button.

MINNIE MOUSE
CARPENTER A10

NAF Employee Benefits Brochure

NAF Employee Benefits Online Tutorial (My Alex)

Benefits Summary

Dependents/Beneficiaries

Add Dependent or Beneficiary

Name	Relationship	Date of Birth	National ID
1 New Baby	Child	12/25/2019	202151544

Health Plans

Edit My Health Plans

Type of Benefit	Effective Date	Health Plans	Coverage	Employee Contribution	Employer Contribution
Medical		Not Enrolled			
Dental		Not Enrolled			

Step 2: If you are enrolling in the plans, select one of the Medical Plan Providers and the relevant Dependent(s) by clicking on the respective box. (See Step 13 to terminate a plan.)

NOTE: The plans are “smart coded” meaning when you make a selection under the Medical Plan Provider, the options under the Dental plans will update accordingly. The same occurs under Medical if you make a selection under the Dental Plan Provider.

Step 3: Select the matching Dental Plan Provider and the Dependent(s) by clicking on the open box.

Step 4: Once finished with making your selections, select Submit.

NOTE: It is not a requirement to be enrolled into both plans; employees can choose only Medical, only Dental, or both.

MINNIE MOUSE
CARPENTER A10

Medical Plan Provider	Employee Only	Employee + Child(ren)	Family	Employee + Spouse
Aetna Choice POS II	☐ \$86.15	☐ \$166.27	☐ \$263.62	☐ \$199.01
Aetna US Health Care Tradtl	☐ \$86.15	☐ \$166.27	☐ \$263.62	☐ \$199.01
High Ded Health Plan Aetna POS	☐ \$68.92	☐ \$133.02	☐ \$210.89	☐ \$159.21

MCCS Keep Medical ☐ MCCS Term Medical ☐

Dental Plan Provider	Employee Only	Employee + Child(ren)	Family	Employee + Spouse
Aetna US Health Care Dental	☐ \$4.50	☐ \$8.68	☐ \$13.76	☐ \$10.38
Stand Alone Dental	☐ \$15.54	☐ \$34.97	☐ \$50.51	☐ \$31.08

MCCS Keep Dental ☐ MCCS Term Dental ☐

Submit

Step 5: If you have selected a plan option other than Employee Only, you must designate your Dependent/Beneficiaries by checking the appropriate boxes. Review your enrollment selection and select the dependents you want covered.

Step 6: Click OK to save your selection or click Cancel to return to the Health Enrollment page.

Health Enrollment Submit Confirmation

Submit Confirmation

On this page, you will be able to select which dependents you want covered.

For your Medical coverage, you have selected Employee + Child(ren) coverage, Aetna Choice POS II at a biweekly rate of \$166.27.
For your Dental coverage, you have selected Employee + Child(ren) coverage, Aetna US Health Care Dental at a biweekly rate of \$8.68.

Select	Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth
1 ☒	Baby Mouse	Child	Both	Single	No	No	12/25/2019

Ok Cancel

Click OK to Save your request or Click Cancel to Return to the Health Enrollment page.

Step 7: Verify your save was successful. To receive a Benefit Election Summary by email, enter a valid email address and select the Send Email button.

Step 8: To print your Benefit Election Summary select the Print Your Benefit Elections button.

Step 9: To return to the summary page, select the Return to Benefits Information Summary Page button.

MCCS Health Enrollment Summary

The Save was successful.

Receive an email at **Send Email** **Print Your Benefit Elections**

Your Benefit Elections 2 rows

Employee Name	Type of Benefit	Effective Date	Status	Plan Description	Coverage	Employee Contribution
Minnie Mouse	Medical	01/28/2020	Elect	Aetna Choice POS II	Employee + Child(ren)	\$166.27
Minnie Mouse	Dental	01/28/2020	Elect	Aetna US Health Care Dental	Employee + Child(ren)	\$8.68

Your Enrolled Dependents 1 row

Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth
Baby Mouse	Child	Both	Single	No	No	12/25/2019

Return to Benefits Information Summary Page

Step 10: If you have a Qualifying Life Event and you are terminating your enrollment into the Medical and/or Dental plans rather than enrolling in them, select the MCCS Term option. To maintain your current enrollment in a plan, select MCCS Keep option.

Step 11: Select Submit to enter your selections.

MINNIE MOUSE
CARPENTER A10

Medical Plan Provider 3 rows

Medical Plan Provider	Employee Only	Employee + Child(ren)	Family	Employee + Spouse
Aetna Choice POS II	☐ \$86.15	☐ \$166.27	☐ \$263.62	☐ \$199.01
Aetna US Health Care Tradtl	☐ \$86.15	☐ \$166.27	☐ \$263.62	☐ \$199.01
High Ded Health Plan Aetna POS	☐ \$68.92	☐ \$133.02	☐ \$210.89	☐ \$159.21

MCCS Keep Medical ☐ **MCCS Term Medical** ☐

Dental Plan Provider 2 rows

Dental Plan Provider	Employee Only	Employee + Child(ren)	Family	Employee + Spouse
Aetna US Health Care Dental	☐ \$4.50	☐ \$8.68	☐ \$13.76	☐ \$10.38
Stand Alone Dental	☐ \$15.54	☐ \$34.97	☐ \$50.51	☐ \$31.08

MCCS Keep Dental ☐ **MCCS Term Dental** ☐ **Submit**

SECTION B – Updating your Life Plans

NOTE: Enrollments, Terminations, and updates to Life Plans can only occur during one of the following circumstances:
(*anytime outside of these circumstances, the Edit My Life Plans button will be greyed out and unavailable*)

- ✓ **Within 31 days of being Hired or Rehired**
- ✓ **Within 31 days of a Qualifying Life Event (Marriage, Divorce, Birth)**

Step 1: To update your Life Plans, select the Edit My Life Plans button.

Life Plans					
Edit My Life Plans					
Type of Benefit ▾	Effective Date ▾	Life Plans ▾	Coverage ▾	Employee Contribution ▾	Employer Contribution ▾
Standard		Not Enrolled			
Supplemental 1		Not Enrolled			
Supplemental 2		Not Enrolled			
Dependent 1		Not Enrolled			
Dependent 2		Not Enrolled			
Dependent 3		Not Enrolled			
Dependent 4		Not Enrolled			

Step 2: To enroll in the Supplemental or Dependent Life Plans, you must first enroll into the Active Standard Life & AD/D plan. Select the checkbox.

Welcome to your Life Enrollment page. On this page you will be able to newly elect, update or terminate your life coverage.

In order to make your new elections, please follow these simple steps:

1. Select one checkbox from the Standard section to newly elect, update or terminate existing coverage.
2. Select one checkbox from the Supplemental section to newly elect, update or terminate existing coverage.
3. Select one checkbox from the Dependent section to newly elect, update or terminate existing coverage.
4. After making your elections, click on the Submit button at the bottom of the page.

Standard Life					1 row
Enroll ▾	Standard Life Plan ▾	Coverage ▾	Employee Contribution ▾	Employer Contribution ▾	
☐	Camp Lejeune Life AD/D	\$40,000	\$2.51	\$3.77	

Supplemental Life					2 rows
Enroll ▾	Supplemental Life Plans ▾	Coverage ▾	Employee Contribution ▾	Employer Contribution ▾	
☐	Active Supplemental Life	\$40,000	\$1.68		
☐	Active Supplemental Life Opt2	\$80,000	\$3.36		

Dependent Life					4 rows
Enroll ▾	Dependent Life Plans ▾	Coverage ▾	Employee Contribution ▾	Employer Contribution ▾	
☐	Active Dependent Life	Sum of Dependent Coverage	\$1.29		
☐	Active Dependent Life 2	Sum of Dependent Coverage	\$2.58		
☐	Active Dependent Life 3	Sum of Dependent Coverage	\$3.86		

NOTE: Supplemental and Dependent Life Plans are not required to enroll in the Active Standard Life & AD/D Plan. They are additional layers that are optional.

Step 3: Select one of the options under the Supplemental Life Plans as applicable based on the layer of coverage you have chosen.

Step 4: Select one of the options under the Dependent Life Plans as applicable based on the layer of coverage you have chosen.

Step 5: Select Submit.

Standard Life				
Enroll	Standard Life Plan	Coverage	Employee Contribution	Employer Contribution
☒	Camp Lejeune Life AD/D	\$40,000	\$2.51	\$3.77

Supplemental Life				
Enroll	Supplemental Life Plans	Coverage	Employee Contribution	Employer Contribution
☐	Active Supplemental Life	\$40,000	\$1.68	
☐	Active Supplemental Life Opt2	\$80,000	\$3.36	

Dependent Life				
Enroll	Dependent Life Plans	Coverage	Employee Contribution	Employer Contribution
☐	Active Dependent Life	Sum of Dependent Coverage	\$1.29	
☐	Active Dependent Life 2	Sum of Dependent Coverage	\$2.58	
☐	Active Dependent Life 3	Sum of Dependent Coverage	\$3.86	
☐	Active Dependent Life 4	Sum of Dependent Coverage	\$5.15	

Submit

Step 6: Select your Beneficiaries, Primary and Contingent as applicable.

Step 7: Select your Dependents.

Step 8: Select OK.

Submit Confirmation

On this page, you will be able to select which dependents/beneficiaries you want covered.

Beneficiaries for Standard and Supplemental Life 2 rows

Check all applicable Beneficiaries and specify Type and Percent.

Select	Type	Percent	Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth
1	☐	0	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
2	☐	0	New Baby	Child	Both	Single	No	No	12/25/2019

Primary Percent Total 0
Contingent Percent Total 0

Dependents Insured for Dependent Life 2 rows

Check all Dependents you want covered.

Select	Amount	Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth	
1	☐	\$5,000	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
2	☐	\$2,500	New Baby	Child	Both	Single	No	No	12/25/2019

Step 9: To print your Benefit Election Summary select the Print Your Benefit Elections button. To receive a Benefit Election Summary by email, enter a valid email address and select the Send Email button.

Step 10: To return to the Benefit Summary page, select the Return to Benefits Information Summary Page button.

MCCS Life Enrollment Summary

☒ The Save was successful.

Receive an e-mail at

Type of Benefit	Effective Date	Status	Life Plans	Coverage	Employee Rate	MCCS Contribution
Dependent 1	01/30/2020	Elect	Active Dependent Life	\$7,500	\$1.29	

Dependents Insured for Dependent Life 2 rows

Amount	Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth
\$5,000	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
\$2,500	New Baby	Child	Both	Single	No	No	12/25/2019

Beneficiaries for Standard and Supplemental Life 2 rows

Type	Percent	Name	Relationship	Coverage Type	Marital Status	Disabled	Adult Dependent	Date of Birth
Primary	100%	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
Contingent	100%	New Baby	Child	Both	Single	No	No	12/25/2019

SECTION C – Updating your FSA Plans

Step 1: Select the Edit My FSA Plans button to make updates to your Flexible Spending Account plans.

Spending Account Plans

Edit My FSA Plans

Type of Benefit ▾	Effective Date ▾	FSA Plan ▾	Contributions YTD ▾	Annual Pledge ▾
FSA - Health		Not Enrolled for 2020		
FSA - Dependent		Not Enrolled for 2020		

Step 2: Select the FSA plan checkbox for Health, Dependent or both.

Step 3: Enter an Annual Pledge Amount.

NOTE: The minimum annual pledge amount for each FSA plan is \$200.

Welcome to your Flexible Spending Account Enrollment page. On this page you will be able to newly elect or update your Flexible Spending Account plan.

In order to make your new elections, please follow these simple steps:

1. Select all applicable checkboxes from the FSA section to newly elect or update your plan.
2. After making your elections, click on the Submit button at the bottom of the page.

Special Note:

(A) Estimated Per-Pay-Period Contribution amount is based on the pledge amount divided by the number of pay periods left in the year. This is an estimate only.

(B) Participants must contribute each pay period or the contribution amount will be recalculated to ensure the pledge amount is met by year end.

Select FSA plan and enter an Annual Pledge Amount.

Flexible Spending Account Contribution

Select ▾	Annual Pledge Amount ▾	FSA Plan ▾	Remaining Pay Periods ▾	Estimated Per-Pay-Period Contribution ▾
☐	0.00	FSA - Health	25	0.00
☐	0.00	FSA - Dependent	25	0.00

Calculate

Save

Step 4: After selecting a plan(s) and entering your pledge amount(s), select Calculate. The system will calculate an estimated contribution amount to be deducted from your paycheck each pay period.

Step 5: Select Save.

Flexible Spending Account Contribution

Select ▾	Annual Pledge Amount ▾	FSA Plan ▾	Remaining Pay Periods ▾	Estimated Per-Pay-Period Contribution ▾
☒	200.00	FSA - Health	25	8.00
☒	500.00	FSA - Dependent	25	20.00

Calculate

Save

Step 6: If you elected to contribute to a Dependent FSA plan, upon clicking save you will receive the following message. Click OK to continue, click Cancel to go back and make any necessary updates.

FSA - Dependent Warning

You have elected to make a contribution in Dependent Care FSA Plan (DCFSA). DCFSA contributions can only be used toward eligible Child or Adult Day Care Expenses. To continue and confirm this contribution election, select OK and Save.

To cancel this contribution election or if you are unsure of this election, select Cancel, unselect the FSA-Dependent Plan, and contact your HR office for more information before enrolling.

OK Cancel

☒	500.00	FSA - Dependent	25	20.00
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Calculate

Save

Step 7: To print your Benefit Election Summary select the Print Your Benefit Elections button. To receive a Benefit Election Summary by email, enter a valid email address and select the Send Email button.

Step 8: Select the Return to Benefits Information Summary Page button.

MCCS Flexible Spending Account

✓ The Save was successful.

Receive an email at Send Email Print Your Benefit Elections

FSA Benefits Election

Type of Benefit	Effective Date	Status	Annual Pledge
FSA - Health	01/30/2020	Elect	\$200.00
FSA - Dependent	01/30/2020	Elect	\$500.00

Return to Benefits Information Summary Page

SAMPLE EMAIL

Dear Mickey,

Congratulations on completing your Flexible Spending Account Enrollment elections.

Your Flexible Spending Account Enrollment elections consist of the following information:

Type of Benefit: Flexible Spending Account

Effective Date: 01/30/2020
Status: Elect
Plan: FSA - Health
Annual Pledge: \$200.00

Effective Date: 01/30/2020
Status: Elect
Plan: FSA - Dependent
Annual Pledge: \$500.00

Please DO NOT reply to this email. This is an auto generated notification. If you have any questions, please contact your local HR Department.

Your MCCS Benefits Team

SECTION D – Updating your HSA Plans

Step 1: Select the Edit My HSA Plan button to make updates to your Health Saving Account plan.

NOTE: You must be enrolled in the HDHP medical plan before you can enroll in HSA plan.

Health Savings Account Plan				
Edit My HSA Plan				
Type of Benefit ◇	Effective Date ◇	HSA Plan Status ◇	Contributions YTD ◇	Biweekly Ded Amt ◇
HSA - Health Savings		Not Enrolled for 2021	\$0.00	\$0.00

Step 2: Enter a Bi-Weekly Deduction Amount.

Step 3: After entering your Bi-Weekly Deduction Amount, select Calculate. The system will calculate an estimated annual contribution amount.

Welcome to your Health Savings Account Enrollment page. On this page you will be able to elect, update or terminate your HSA Health Savings Account Plan.

In order to elect or update, please follow these simple steps:

1. Check the check box under Enroll.
2. Enter your biweekly deduction amount and click calculate to view the updated estimated annual contribution.
3. After completing your election, click on the Save Button.

In order to terminate your election, please follow these simple steps:

1. Check the Terminate my Health Savings Account Contributions.
2. Click on the Submit Button.

Health Savings Account Contribution					
Enroll ◇	Biweekly Deduction Amount ◇	HSA Plan ◇	Remaining Pay Periods ◇	Est. Annual Contrib ◇	YTD Payroll Contributions ◇
☒	50.00	HSA - Health Savings	11	580.00	30.00

Calculate

Step 4: Select Submit.

Welcome to your Health Savings Account Enrollment page. On this page you will be able to elect, update or terminate your HSA Health Savings Account Plan.

In order to elect or update, please follow these simple steps:

1. Check the check box under Enroll.
2. Enter your biweekly deduction amount and click calculate to view the updated estimated annual contribution.
3. After completing your election, click on the Save Button.

In order to terminate your election, please follow these simple steps:

1. Check the Terminate my Health Savings Account Contributions.
2. Click on the Submit Button.

Health Savings Account Contribution						1 row
Enroll ◇	Biweekly Deduction Amount ◇	HSA Plan ◇	Remaining Pay Periods ◇	Est. Annual Contrib ◇	YTD Payroll Contributions ◇	
☒	50.00	HSA - Health Savings	11	580.00	30.00	

Calculate

IMPORTANT INFORMATION:

ARE YOU HSA-ELIGIBLE? You are NOT HSA Eligible if you live overseas, are covered by TRICARE, Medicare, Medicaid or another spouse's medical plan, or have an FSA in 2020.

You confirm that you are not covered by TRICARE, Medicare, Medicaid or another spouse's medical plan, and that you do not have an FSA in 2020. By entering an election amount and Clicking **SUBMIT**, you confirm that you have read the above Eligibility requirements and are **HSA-ELIGIBLE**.

Submit

Step 5: To print your Benefit Election Summary select the Print Your Benefit Elections button. To receive a Benefit Election Summary by email, enter a valid email address and select the Send Email button.

Step 6: Select the Return to Benefits Information Summary Page button.

Health Savings Account Summary

The Save was successful.

Receive an email at

Send Email

Print Your benefit Elections

HSA Benefits Election

1 row

Type of Benefit ▾	Effective Date ▾	Status ▾	Biweekly Pledge ▾	Annualized Amount ▾
1 HSA - Health Savings	09/16/2021	Elect	\$50.00	\$580.00

Return to Benefits Information Summary Page

SAMPLE EMAIL

Dear Mickey,

Congratulations on completing your Health Savings Account Enrollment elections.

Your Health Savings Account Enrollment elections consist of the following information:

Type of Benefit: Health Savings Account

Effective Date: September 16, 2021

Status: Elect

Plan: HSA - Health Savings Account

Biweekly Pledge: \$50.00

Annualized Amount: \$580.00

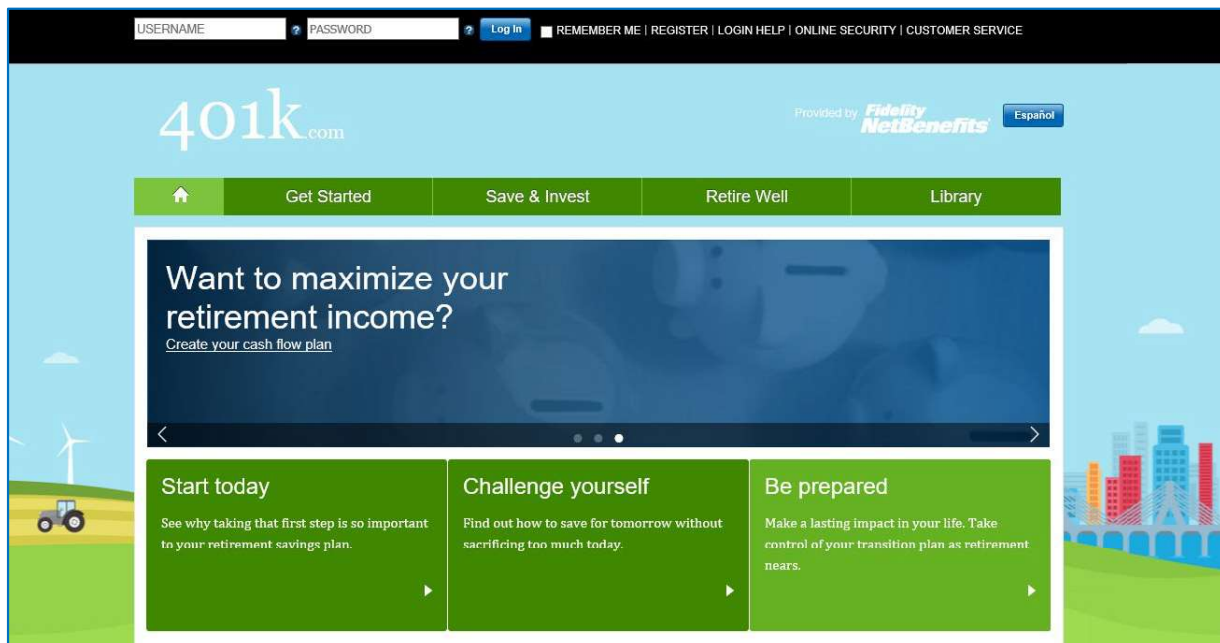
Please DO NOT reply to this email. This is an auto generated notification. If you have any questions, please contact your local HR Department.

Your MCCS Benefits Team

SECTION E – 401k Savings Plan

Step 1: To register and set up your 401k contributions, select the Go to Fidelity Home Page button. You will be taken to the Fidelity Homepage. Continue with the registration process on their website.

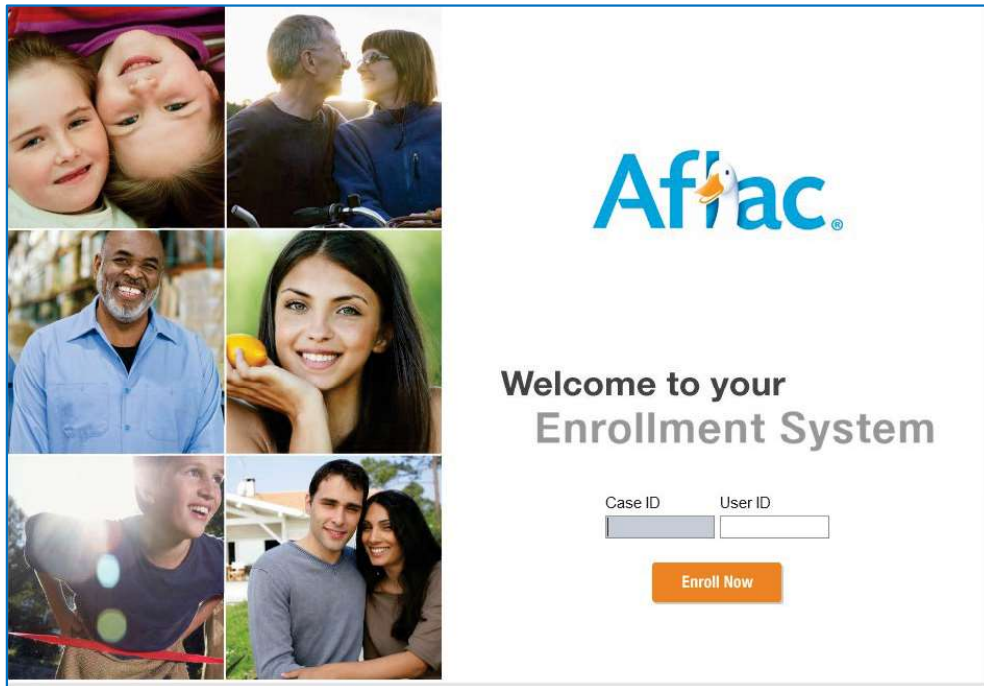
Savings Plan				
Type of Benefit	Effective Date	Savings Plan	Employee Contribution	Employer Contribution
401(k)		Not Enrolled		



SECTION F – Short Term Disability Plan

Step 1: To register and set up a Short Term Disability Plan, select the Go to AFLAC Login Page button. You will be taken to the AFLAC Homepage. Continue with the registration process on their website.

Disability Short Term			
Go to AFLAC Login Page (Case ID = A816, User ID = SSN, Password = MCCSNAF)			
Type of Benefit ▾	Effective Date ▾	Disability Plan ▾	Employee Contribution ▾
Disability Short Term		Visit Aflac Site to enroll	



The image shows the Aflac Enrollment System Welcome Screen. On the left, there is a collage of six photos showing diverse people: a young girl and a boy, a man and a woman, a man holding a fruit, a woman holding a fruit, a man and a woman, and a man and a woman. On the right, the Aflac logo is displayed. Below the logo, the text "Welcome to your Enrollment System" is shown. Underneath, there are two input fields labeled "Case ID" and "User ID". Below these fields is an orange button labeled "Enroll Now".

SECTION G – Long Term Care Plan

Step 1: To register and set up a Long Term Care Plan, select the Go to Long Term Care Federal Plan Site button. You will be taken to the Federal Long Term Care Homepage. Continue with the registration process on their website.

Long Term Care Plan			
Go to Long Term Care Federal Plan Site			
Type of Benefit ▾	Effective Date ▾	Term Care Plan ▾	Employee Contribution ▾
Long Term Care		Not Enrolled	

The Federal Long Term Care Insurance Program

About UsContact UsHelpLogin

HomeWhat Is Long Term CareProgram DetailsClaims InformationPlanning Tools & Resources



Face your future with confidence and plan to protect it

[Start Planning Today](#)

Apply today for long term care insurance![Apply Now](#)

The Federal Long Term Care Insurance Program

No matter where you are in your career, consider the prospect of needing long term care, and how applying for long term care insurance coverage under the Federal Long Term Care Insurance Program (FLTCIP) may help. With benefits designed specifically for the federal family, the FLTCIP can help protect your savings and assets in the event you or your loved ones ever need long term care.

SECTION H – Retirement Plans

Step 1: Select the Edit My Retirement Plan button to update your election.

Retirement Plans

Edit My Retirement Plan

Type of Benefit ▾	Effective Date ▾	Retirement Plan ▾	Employee Contribution ▾	Employer Contribution ▾
Retirement	01/13/2020	NAF- Retirement	1%	7%

Step 2: To terminate your Retirement plan select the checkbox for Terminate my current NAF-Retirement plan.

NOTE: These updates are for NAF Retirement plans only.

Step 3: To make changes to your existing beneficiaries, select the checkbox under Update Beneficiary(s).

Step 4: Select Submit.

Retirement

Update Beneficiary(s)	Retirement Plan	Employee Contribution	Employer Contribution
☐	NAF- Retirement	1%	7%

TERMINATE my current NAF- Retirement plan. ☐

Submit

Step 5: Select the applicable Type and enter the Percent of the benefit for each beneficiary.

Step 6: Select the checkboxes and click OK.

Step 7: If you don't want to make any changes, select Cancel.

Submit Confirmation

On this page, you will be able to select which beneficiaries you want covered.

2 rows

Select ▾	Type ▾	Percent ▾	Name ▾	Relationship ▾	Coverage Type ▾	Marital Status ▾	Disabled ▾	Student ▾	Date of Birth ▾
☐	☐	0	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
☐	☐	0	New Baby	Child	Both	Single	No	No	12/25/2019

Primary Percent Total 0

Contingent Percent Total 0

Ok **Cancel**

Click OK to Save your request or Click Cancel to Return to the Retirement Enrollment page.

Step 8: To print your Benefit Election Summary select the Print Your Benefit Elections button. To receive a Benefit Election Summary by email, enter a valid email address and select the Send Email button.

Step 9: Select the Return to Benefits Information Summary Page button.

MCCS Retirement Enrollment

The Save was successful.

Receive an email at

Send Email

Print Your Benefit Elections

2 rows								
Type ▾	Percent ▾	Name ▾	Relationship ▾	Coverage Type ▾	Marital Status ▾	Disabled ▾	Student ▾	Date of Birth ▾
Primary	100%	Mister Bennetech	Spouse	Both	Married	No	No	01/01/1985
Contingent	100%	New Baby	Child	Both	Single	No	No	12/25/2019

1 row

Type of Benefit ▾	Effective Date ▾	Status ▾	Retirement Plan ▾	Employee Contribution ▾	Employer Contribution ▾
Retirement	01/30/2020	Elect	NAF- Retirement	1%	7%

Return to Benefits Information Summary Page

This process is complete.