

WELCOME TO LIFE EXTRAS

The Assistance Program For UniCare Life Insurance Members

Dear UniCare Member,

As part of your Group Life Insurance program, we are pleased to provide you with Life ExtrasSM, a 24-hour, seven-day-a-week professional assistance service. Life Extras offers valuable resources that can help you balance the responsibilities and challenges of your personal life.

Helpful information and resources for major life events such as wills and estate planning, coping with grief and loss and dealing with transitions and stress are just a phone call or a mouseclick away. You can call the toll-free number, (888) 209-7840 to speak with a counselor or log on to the Web site to gain unlimited access to:

- **Living Well Library**—stocked with articles, tip sheets and checklists on mental and physical health;
- **Links and Reading Lists**—helpful resources covering issues important to employees and their families;
- **Legal and Financial Information**—online information from the simple to the complex;
- **Online Work/Life**—a national database of resources and providers for child care and elder care. Information and tips on parenting, caregiving, wellness and every day issues such as home repair, moving and relocation—even pet care—are just a click away; and
- **Spanish capabilities.**

To visit the Life Extras Web site, go to www.unicare.com/youreap. Log in using the Program Name: mylifeextras

The benefits offered under Life Extras are limited to one consultation per incident and in no event shall exceed three consultations within a six-month period. Life Extras provides telephone and Web services only; it is not an insurance policy and does not indemnify nor reimburse any subscriber or group for the cost of health care services.

As part of your Group Life Insurance program you also receive UniCare Travel Assistance. UniCare has teamed up with Worldwide Assistance Services, Inc.* to provide 24-hour, seven-day-a-week travel assistance services when you or your family are 100 miles or more from home, for personal or business travel.

You can call toll-free and a representative can help you with:

- Emergency medical services including evacuation and repatriation;
- Other services such as finding doctors, dentists, medical facilities, and passport requirements.

To visit the Travel Assistance Web site, go to www.unicare.com and select your state. Under “Plans & Benefits,” click “Life & Disability (51+).” Choose “Useful Links” and click on “Travel Assistance Benefits.” Log in using the Username: unicare; the Password is: assist43.

For travel emergency assistance services, call the appropriate number from the list located on the back of this letter, depending on your location.

*Worldwide Assistance Services, Inc. is not affiliated with UniCare. The services UniCare provides through Worldwide Assistance Services, Inc. are not insurance benefits and can be modified and/or terminated by UniCare at any time without advance notice.



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UniCare Life & Health Insurance Company
Tel. (877) UNICARE www.unicare.com

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Life ExtrasSM
Program Name: mylifeextras

CONFIDENTIAL

Coping with Grief and Loss • Emotional Concerns
Financial/Legal Problems • Relationships

(888) 209-7840 • www.unicare.com/youreap



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UniCare Travel Assistance provided by Worldwide Assistance Services, Inc. For travel emergency assistance services, call the appropriate number below, depending on your location:

U.S. and Canada: (866) 295-4890

Philippines, Jamaica & Dominican Republic: (800) 368-7878

Mexico: 001-800-368-7878

France: 0800-901-570

Italy: 800-877-145

Germany: 0800-817-6080

United Kingdom: 0800-89-4035

Other locations (call collect): (202) 296-7482



Visit www.unicare.com or send an e-mail to ops@worldwideassistance.com